

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6	
1 Cambuslang Harriers (A)	15:49	3	45:54	4	1:01:35	1	1:31:05	1	1:47:05	1	2:16:55	1
	Drew Pollock (MU20)	15:49	Kevan Harvey	30:05	Stuart Gibson	15:41	Ryan Thomson	29:30	Gavin Smith (MU20)	16:00	Fraser Stewart	29:50
2 Inverclyde AC (A)	16:23	12	46:27	8	1:03:06	7	1:32:50	4	1:48:59	3	2:18:07	2
	Adam Hay (MU20)	16:23	Craig Ruddy	30:04	Mark Pollard	16:39	John Bell	29:44	Michael Houston	16:09	Andrew Douglas	29:08
3 Corstorphine AAC (A)	16:50	21	46:33	9	1:03:09	9	1:33:38	8	1:49:13	5	2:18:09	3
	Stephen Addison (MU20)	16:50	Dougie Selman	29:43	Tom Cunningham	16:36	Stuart Livingstone	30:29	Ewan Brown	15:35	Calum McKenzie	28:56
4 Shettleston Harriers (A)	15:50	4	46:53	10	1:03:05	6	1:32:34	2	1:48:56	2	2:18:15	4
	Peter Avent	15:50	Matthew Turner	31:03	Lewis Raeburn (MU20)	16:12	Michael Deason	29:29	William Bardsley	16:22	Lachlan Oates	29:19
5 Central AC (A)	15:38	2	45:46	2	1:02:11	4	1:33:27	5	1:49:41	6	2:19:58	5
	Iain Davies	15:38	Michael Wright	30:08	Murray MacLarty	16:25	Scott Brember (M45)	31:16	Lewis Millar	16:14	Dale Colley	30:17
6 Edinburgh AC (A)	16:25	13	46:26	7	1:03:11	10	1:33:35	6	1:50:24	7	2:20:13	6
	Iain Whitaker	16:25	Neil Renault	30:01	Harry Putnam	16:45	John Lenehan	30:24	Olger Pedersen	16:49	Michael Christoforou	29:49
7 Edinburgh Univ Hare and Hounds (A)	16:17	10	46:05	6	1:03:00	5	1:33:35	7	1:50:29	8	2:20:25	7
	Elisha De Mello	16:17	Tim Morgan	29:48	Callum Tharne (MU20)	16:55	Alistair Masson	30:35	Gregor Malcolm (MU20)	16:54	Jack Leitch	29:56
8 Fife AC (A)	16:32	15	46:04	5	1:02:08	3	1:32:49	3	1:49:01	4	2:21:57	8
	Sam Fernando	16:32	Lewis Rodgers	29:32	Owen Miller	16:04	Ryan Lafferty	30:41	Robert Sparks (MU20)	16:12	Rory Scott	32:56
9 Metro Aberdeen RC (A)	16:36	18	45:53	3	1:03:09	8	1:34:39	10	1:51:46	9	2:22:50	9
	Thomas Doney	16:36	Cameron Strachan	29:17	Rankin Lascelles	17:16	Jason Kelly	31:30	Chris Richardson	17:07	Ben Ward	31:04
10 Inverness Harriers AAC (A)	16:06	7	47:11	11	1:03:38	11	1:35:31	11	1:53:48	12	2:22:59	10
	Stephen Mackay	16:06	John Newsom	31:05	Craig Campbell	16:27	Gordon Lennox	31:53	Luke Williams (MU20)	18:17	Sean Chalmers	29:11
11 Cambuslang Harriers (B)	16:53	22	49:26	23	1:06:01	14	1:36:33	12	1:53:17	10	2:26:27	11
	Ryan Donnelly (MU20)	16:53	Jamie MacKinnon (MU20)	32:33	Douglas Roberts	16:35	Colin Reilly	30:32	Richard Carr	16:44	Iain McDonald	33:10
12 Bellahouston Harriers (A)	16:57	23	48:59	18	1:06:00	13	1:36:51	13	1:53:54	13	2:26:38	12
	Greg Templeton	16:57	Miguel Delgado Sillero	32:02	Darren McQuade	17:01	Gregor Yates	30:51	Stuart Miller	17:03	Colin Thomas	32:44
13 Cambuslang Harriers (D) (M40)	18:01	40	49:09	20	1:06:13	16	1:37:31	15	1:55:19	15	2:26:51	13
	John Paul Murphy (M40)	18:01	Iain Reid (M40)	31:08	Michael Healy (M40)	17:04	Kenneth Campbell (M40)	31:18	Justin Carter (M45)	17:48	Benjamin Hukins (M40)	31:32
14 Aberdeen AAC (A)	16:08	8	47:51	13	1:05:03	12	1:37:03	14	1:54:51	14	2:27:09	14
	Michael Ferguson	16:08	Aaron Odentz (MU20)	31:43	Eoghan MacNamara	17:12	Steven Murray	32:00	Ben Nelson	17:48	Euan Webster	32:18
15 Edinburgh AC (D) (M40)	17:50	34	48:52	17	1:06:27	17	1:37:43	16	1:55:25	16	2:27:24	15
	Michael Fullerton (M45)	17:50	Leon Johnson (M40)	31:02	Richard Meade (M40)	17:35	Stuart Johnston (M40)	31:16	Adam Rouse (M40)	17:42	Bryan Mackie (M40)	31:59
16 VP-Glasgow AC (A)	16:22	11	45:37	1	1:02:06	2	1:34:13	9	1:53:21	11	2:29:38	16
	Allan Ramsay	16:22	Max Milarvie (MU20)	29:15	Kieron Rafferty	16:29	Max Ralston	32:07	Callum Heirs	19:08	Craig Johnstone	36:17
17 Corstorphine AAC (B)	16:29	14	48:42	15	1:08:41	23	1:41:00	23	1:57:47	19	2:29:44	17
	Dermot Cummins	16:29	Aaron Hoyle	32:13	Scott Pilkington	19:59	James Harrison	32:19	Mark Haskett	16:47	Alastair Brockie	31:57
18 Corstorphine AAC (E) (M40)	16:38	19	48:50	16	1:07:00	20	1:39:26	19	1:57:54	21	2:29:51	18
	Moray Anderson (M40)	16:38	Tom Ferrington (M40)	32:12	Stuart Campbell (M50)	18:10	Ross Milne (M40)	32:26	Keith Ovenstone (M40)	18:28	Malcolm Lang (M40)	31:57
19 PH Racing Club (A)	16:35	17	50:03	26	1:07:50	22	1:40:48	21	1:57:52	20	2:30:05	19
	Jonathan Peebles	16:35	Colin Somerville	33:28	Daniel Monaghan	17:47	Michael McConnell	32:58	Paul Kieran (M40)	17:04	Darren Jubb	32:13
20 Hunters Bog Trotters (A)	16:34	16	49:49	24	1:07:41	21	1:38:15	17	1:56:12	17	2:30:39	20
	Ewan Crawford	16:34	Alex Luetchford	33:15	Ray Ward (M40)	17:52	James Dunn	30:34	David Wright (M40)	17:57	Jonathan Crickmore	34:27
21 Shettleston Harriers (C) (M40)	17:58	39	49:06	19	1:07:53	23	1:40:50	22	1:58:21	23	2:31:06	21
	John Connaghan (M45)	17:58	Jethro Lennox (M40)	31:08	Mark McColl (M40)	18:47	Peter Mackie (M40)	32:57	Amanuel Hagos (M40)	17:31	Paul Sorrie (M40)	32:45
22 Central AC (B)	18:12	42	51:34	32	1:08:04	24	1:40:03	20	1:58:02	22	2:31:53	22
	Christopher McHardy	18:12	Jack Kerr	33:22	Tom Graham-Marr (MU20)	16:30	Sandy Holl (MU20)	31:59	Fraser Logan	17:59	Telfer Gray (MU20)	33:51
23 Glasgow University Hares and Hounds (A)	17:23	26	50:48	30	1:09:39	28	1:45:09	29	2:02:01	25	2:34:52	23
	Euan Rose	17:23	Vitalijs Brejevs	33:25	Tony Loord	18:51	Blair MacKinnon	35:30	Thomas Callan	16:52	Andrew Merry (MU20)	32:51
24 Kirkintilloch Olympians (A)	17:50	33	50:20	27	1:08:58	27	1:42:51	25	2:01:53	24	2:35:14	24
	James Gallacher (M55)	17:50	David Murray	32:30	Philip McCaig (M40)	18:38	Graham McCabe (M45)	33:53	Euan Craig	19:02	Marc Pollock	33:21
25 East Kilbride AC (A)	16:40	20	48:31	14	1:06:53	19	1:38:30	18	1:57:39	18	2:35:16	25
	John Fergusson	16:40	Daryl Reid	31:51	David Ross	18:22	Jamie Clements	31:37	Niall Walker	19:09	Vincent Hastings	37:37
26 Fife AC (B)	18:32	45	53:18	43	1:11:04	33	1:45:21	30	2:02:08	27	2:36:22	26
	Ben Kinninmonth	18:32	Kenny Gorman	34:46	Chris Russell	17:46	Kevin Wallace	34:17	Craig Morris (MU20)	16:47	Akira O'Connor	34:14
27 Edinburgh AC (B)	17:23	27	50:36	29	1:09:53	29	1:44:42	28	2:03:21	29	2:37:01	27
	Mark MacDermot	17:23	Iain Macdonald	33:13	Thomas Leeman	19:17	Robin Kyle	34:49	Terry Roberts	18:39	Sean Calder	33:40
28 Lothian RC (A)	17:30	28	52:56	39	1:10:51	32	1:44:05	27	2:02:42	28	2:37:26	28
	Craig Pirie (M45)	17:30	Owen Williams	35:26	Alan Knowles (M40)	17:55	Euan Rennie	33:14	Euan McInnes (M45)	18:37	Colin Partridge (M40)	34:44
29 Cumbernauld AAC (A)	17:50	36	52:32	36	1:11:34	36	1:46:17	34	2:04:41	30	2:39:27	29
	Alan Flanagan (M40)	17:50	David Hogg (M45)	34:42	Derek Martin (M50)	19:02	Robert Keenan	34:43	Robert Bartley (M40)	18:24	Martyn Glancy	34:46
30 Gala Harriers (A)	17:33	29	49:13	22	1:10:49	31	1:46:12	33	2:07:02	34	2:40:08	30
	Faisal Khursheed (MU20)	17:33	Graeme Murdoch (M40)	31:40	Anthony Lunn (M50)	21:36	Craig Mattocks (M45)	35:23	Magnus Inglis (M40)	20:50	Wayne McIntosh (M40)	33:06

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6	
31 Motherwell AC (A)	17:54	38	50:32	28	1:08:34	25	1:43:16	26	2:05:33	32	2:40:19	31
	Allan Cameron (M45)	17:54	Christopher MacDonald	32:38	Stephen Allen (M50)	18:02	Paul Burns	34:42	Craig Mackenzie	22:17	Mark Gallacher (M45)	34:46
32 PH Racing Club (B)	18:19	43	54:03	48	1:12:55	42	1:47:33	38	2:06:08	33	2:40:35	32
	John Cassells (M45)	18:19	Wright Beveridge (M45)	35:44	Andrew Jannetta	18:52	Robert Sellar (M40)	34:38	Martin Butcher	18:35	Graeme Doig (M40)	34:27
33 Garscube Harriers (A)	17:50	35	51:43	33	1:11:43	37	1:46:33	35	2:04:55	31	2:40:46	33
	Craig Shields	17:50	John Coyle (M45)	33:53	Stephen Craig	20:00	Alexander Chalmers (M50)	34:50	James Macleod	18:22	Daniel Scoop (M45)	35:51
34 Kilmarnock H&AC (A)	15:59	5	47:24	12	1:06:09	15	1:41:41	24	2:02:03	26	2:42:22	34
	Richard Mair	15:59	Martin Brown	31:25	Connell Drummond (M45)	18:45	Scott Martin (M50)	35:32	Murray McDonald	20:22	Ken Monaghan (M45)	40:19
35 Giffnock North AC (A)	14:59	1	51:22	31	1:10:26	30	1:47:11	37	2:07:26	35	2:42:27	35
	Luke Traynor	14:59	Jordan Orr	36:23	Kieren Mooney (MU20)	19:04	Ted Gourley (M55)	36:45	Nicholas Boyle (MU20)	20:15	Luke Chamberlain (M45)	35:01
36 Irvine RC (A)	17:17	24	52:15	34	1:11:30	34	1:48:02	39	2:07:53	36	2:42:57	36
	Colin Whitby	17:17	Ryan Evans	34:58	Owen McWilliams	19:15	Michael Dinning	36:32	Alan Douglas	19:51	Lee Shaw	35:04
37 Bellahouston Harriers (B)	18:46	51	53:40	45	1:13:44	44	1:48:33	40	2:08:23	37	2:44:01	37
	Calum Ferguson	18:46	Thomas Smith	34:54	Rudi Paul (MU20)	20:04	Fraser Armstrong	34:49	Brent Brodie (M45)	19:50	Paul Clawson	35:38
38 Stirling University AC (A)	19:28	60	54:36	50	1:14:19	46	1:55:33	57	2:12:57	41	2:46:58	38
	Andrew Irvine	19:28	Calum Phillip (MU20)	35:08	Lewis McComb (MU20)	19:43	Denver Stretesky (MU20)	41:14	Oliver Greenstein (MU20)	17:24	Josh Wood	34:01
39 Corstorphine AAC (C)	20:56	75	1:01:14	75	1:20:04	64	1:54:30	54	2:13:14	45	2:47:32	39
	Kris Berry	20:56	Gordon Whall	40:18	Finlay Ross (MU20)	18:50	Christopher O'Brien	34:26	Blair Montgomery	18:44	Jonathan Carpenter	34:18
40 Teviotdale Harriers (A)	19:50	66	53:16	42	1:13:49	45	1:46:42	36	2:08:44	38	2:47:58	40
	Andrew Goodair (M45)	19:50	Alastair Walker (M60)	33:26	Andrew Gibson	20:33	Rory Anderson	32:53	Alister Biggar (M45)	22:02	Alan Inglis (M50)	39:14
41 Law & District AAC (A)	18:34	46	56:11	54	1:16:11	55	1:55:16	55	2:17:09	51	2:48:55	41
	Ross Hill	18:34	Paul White	37:37	Bobby Hill	20:00	Adam Kelly (MU20)	39:05	James Scullion (M40)	21:53	Darran Muir (M40)	31:46
42 Falkirk Victoria Harriers (A)	17:21	25	52:27	35	1:12:19	40	1:49:42	42	2:09:51	39	2:50:27	42
	Lewis Pentecost (MU20)	17:21	Alexander Davidson	35:06	Gary Smith	19:52	Alastair Smith	37:23	Euan McCallum	20:09	Callum Douglas	40:36
43 Cambuslang Harriers (C)	17:41	30	54:00	47	1:14:21	48	1:53:35	50	2:14:40	48	2:50:45	43
	Brendan Carey	17:41	Tony McCutcheon (M45)	36:19	Scott Hunter (M45)	20:21	Daniel O'Connell (M50)	39:14	Francis Hurley (M65)	21:05	Kenny Finlayson (M40)	36:05
44 Central AC (C) (M40)	18:41	49	53:57	40	1:13:34	43	1:53:12	46	2:13:19	46	2:50:49	44
	David Eckersley (M55)	18:41	Ewan Jack (M45)	34:16	Charles Graham-Marr (M60)	20:37	Colin Alexander (M45)	39:38	Jens Subke (M45)	20:07	Iain Dunsmore (M45)	37:30
45 Lothian RC (B)	19:03	55	56:36	61	1:17:34	57	1:53:35	49	2:13:04	44	2:50:51	45
	Will Moffat (M45)	19:03	Kyle Williamson (MU20)	37:33	Colin Wishart (M45)	20:58	Al Aiken (M40)	36:01	Ross Williamson (M45)	19:29	Iain Cameron (M40)	37:47
46 PH Racing Club (C)	19:06	56	56:18	59	1:16:14	55	1:53:59	51	2:14:28	47	2:53:01	46
	Philip Waring	19:06	Chris Stuart (M40)	37:12	David Henderson	19:56	Ben Sherriff	37:45	Niall Balloch	20:29	Graham McInnes	38:33
47 Kirkintilloch Olympians (B)	20:13	70	56:28	60	1:18:26	61	1:55:52	58	2:16:41	49	2:54:00	47
	Jonathan Sharp	20:13	Owen Murphy	36:15	Paul Waters (M40)	21:58	Robert Conroy (M40)	37:26	Edward McLoone	20:49	David Allsop (M45)	37:19
48 Corstorphine AAC (F) (M40)	18:07	41	55:42	55	1:14:20	47	1:52:06	45	2:13:02	43	2:54:11	48
	Iain Macleod (M45)	18:07	Alan Cameron (M45)	37:35	Keith Hood (M45)	18:38	Dean Carr (M45)	37:46	David Hart (M40)	20:56	Neill Porterfield (M40)	41:09
49 Springburn Harriers (A)	23:55	86	59:34	70	1:19:22	62	1:57:39	61	2:18:29	53	2:55:28	49
	Alan Hill (M65)	23:55	Daniel Bond	35:39	Joseph Chambers	19:48	Stewart Robertson (M40)	38:17	Andy Norris	20:50	Andrew Callan (M45)	36:59
50 Fife AC (C)	22:03	80	1:01:35	77	1:22:05	70	1:58:08	63	2:19:07	55	2:56:07	50
	Gary Barker (M60)	22:03	Eric Lalande (M40)	39:32	James Hall (M40)	20:30	Mike MacDonald (M40)	36:03	Hendrik Van Rensburg (M45)	20:59	Paul Webb (M45)	37:00
51 Glasgow Caledonian University (A)	20:36	72	1:00:02	71	1:22:14	73	2:02:35	70	2:24:29	58	2:59:03	51
	Timothy Wong (MU20)	20:36	Derek Scott	39:26	Stuart McCuaig	22:12	Axel Horbach	40:21	Liam Chierighini (MU20)	21:54	Iain Paton	34:34
52 Shettleston Harriers (B)	16:06	6	59:00	66	1:19:40	63	1:53:29	48	2:12:57	42	3:00:20	52
	Jamie Burns (MU20)	16:06	Richard Millar (M40)	42:54	Robert Ferrol	20:40	David I Houston	33:49	John Oates (M55)	19:28	Gerard Mason (M55)	47:23
53 Kirkintilloch Olympians (C)	22:17	81	1:00:05	72	1:21:39	68	2:01:46	69	2:25:29	59	3:03:34	54
	Craig MacWilliam (M50)	22:17	Gary Mitchell (M50)	37:48	Robert Rogerson (M55)	21:34	Gary Shaw (M40)	40:07	Daniel Chandler (M40)	23:43	Mark Welsford (M45)	38:05
54 PH Racing Club (D)	20:27	71	1:00:19	73	1:22:09	71	2:02:57	71	2:24:03	57	3:04:37	55
	Scott Blyth	20:27	Scott Love	39:52	Ed Norton (M65)	21:50	Ian Robert Johnston (M60)	40:48	Jason Buttery (M45)	21:06	James Hamilton (M40)	40:34
55 Clydesdale Harriers (A)	19:16	59	52:47	38	1:12:19	39	1:54:30	53	2:17:37	52	3:04:46	56
	Iain Robertson (M40)	19:16	Michael Miller (MU20)	33:31	Graeme Wiseman (M45)	19:32	Ryan Nelson	42:11	Hugh Lavery (M60)	23:07	Peter Rudzinski (M65)	47:09
56 Motherwell AC (B)	18:37	47	54:08	49	1:15:29	52	1:53:25	47	2:17:05	50	3:06:10	57
	Ewen Cameron (M40)	18:37	Alan Tait (M45)	35:31	Graham McEwan (M45)	21:21	Evan Crane	37:56	Scott Kelman	23:40	Thomas Sneddon (M40)	49:05
57 Central AC (D)	23:21	85	1:09:14	88	1:36:18	83	2:21:28	79	2:45:46	61	3:27:04	58
	Cameron Campbell (M60)	23:21	Colin Sinclair (M50)	45:53	John Millar (M65)	27:04	Allan Gall (M60)	45:10	Raymond J Milne (M55)	24:18	Benjamin Noad	41:18
DQ Bellahouston Harriers (C)												

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6	
Strathclyde Univ Harriers (A)	16:11	9	49:58	25	1:12:31	41	1:49:21	41	2:11:09	40		
	Andrew MacAngus (MU20)	16:11	Jack McKenna	33:47	Daniel Smith (MU20)	22:33	Matthew Adamson (MU20)	36:50	Alastair Douglas Stables	21:48		
Edinburgh AC (E) (M40)	19:32	61	55:31	61	1:54:49	49	1:54:22	52	2:18:46	54		
	Malcolm Parry (M45)	19:32	Richard Cockbain (M40)	35:59	Iain Craven (M40)	19:18	Dougie Gowan (M55)	39:33	Eric Stevenson (M65)	24:24		
Calderglen Harriers (A)	24:09	87	1:07:03	85	1:30:44	79	2:12:31	76	2:38:01	60		
	Alan Cullie (M50)	24:09	Richard Lawton (M40)	42:54	William Buchanan (M65)	23:41	David Herbertson (M45)	41:47	Russell Couper (M50)	25:30		
Metro Aberdeen RC (B)	19:54	67	55:35	54	1:15:46	53	1:51:38	44				
	Mark Young	19:54	Scott Adams	35:41	Kevin Buchan (M40)	20:11	Jonathan McIntosh	35:52				
Airdrie Harriers (A)	20:51	73	56:47	62	1:17:16	56	1:58:01	62				
	Paul Kelly	20:51	John Brogan (M40)	35:56	Steven Phillips (M40)	20:29	Jean-Yves Daniel (M50)	40:45				
VP-Glasgow AC (B)	19:46	64	1:00:28	74	1:21:44	69	2:00:59	68				
	Sandy Gardner (M45)	19:46	Tom Ord (M60)	40:42	Ralph Connolly (M50)	21:16	Duncan Thomson (M45)	39:15				
Corstorphine AAC (D)	18:58	52	1:01:26	76	1:22:14	74	2:04:03	72				
	Ewan Stark	18:58	Chris Peggie	42:28	David Pattison (M40)	20:48	Neil Meldrum (M45)	41:49				
East Kilbride AC (B)	21:47	77	1:03:12	80	1:26:14	76	2:07:58	73				
	Arthur Mulholland (M55)	21:47	Vincent Glennon (M45)	41:25	Michael Carlin (M40)	23:02	Keith Charters (M50)	41:44				
Falkirk Victoria Harriers (B)	19:44	63	1:02:35	78	1:24:03	75	2:09:58	74				
	Neil Robertson (M50)	19:44	Calum Ross (M55)	42:51	Gordon Dewar (M50)	21:28	Alastair McCallum (M55)	45:55				
Lothian RC (C)	20:53	74	58:51	64	1:30:14	78	2:10:45	75				
	Duane Kellock	20:53	Sandy Orr (M45)	37:58	Ian Leggett (M75)	31:23	Alastair Murray (M40)	40:31				
Ferranti AAC (A)	24:25	88	1:08:33	87	1:40:18	85	2:23:47	80				
	Alex Bell (M60)	24:25	Grant Sellar (M50)	44:08	Eddie McDonald (M70)	31:45	Calum MacDonald	43:29				
Edinburgh Univ Hare and Hounds (B)	17:43	31	49:12	21	1:06:31	18						
	Patryk Gierjatowicz	17:43	Thomas Wilson	31:29	Oliver Teenan	17:19						
Teviotdale Harriers (B)	22:32	82	1:05:52	84	1:30:48	80						
	Derek Ballantyne (M45)	22:32	Derek Scott	43:20	Alan Coltman (M50)	24:56						
Inverclyde AC (B)	17:54	37	1:10:33	89	1:32:36	82						
	Dylan Crawford (MU20)	17:54	Tom Tracey (M65)	52:39	Gerard Gaffney (M60)	22:03						
Metro Aberdeen RC (C)	24:48	90	1:05:46	83	1:37:14	84						
	Kevin Mackie (M40)	24:48	Gavin McLennan (M40)	40:58	David MacLennan	31:28						
Edinburgh AC (C)	18:39	48	53:18	44								
	Malcolm Fraser	18:39	Stuart Fenwick	34:39								
Aberdeen AAC (B)	19:03	54	53:45	46								
	Fraser McGillivray	19:03	Nicholas Tierney (MU20)	34:42								
Edinburgh AC (H)	22:01	78	1:02:49	79								
	Paul Stirling	22:01	Jim Scott (M65)	40:48								
Garscube Harriers (B)	23:13	84	1:04:14	81								
	Allan Wallace	23:13	Craig Brown (M45)	41:01								
Kilbarchan AAC (A)	17:49	32										
	Stuart Kerr	17:49										
M50 Championship												
Cumbernauld AAC (B) (M50)	18:28	44	53:08	41	1:11:32	35	1:45:35	31				
	Vincent Carroll (M50)	18:28	Howard Elliott (M50)	34:40	Paul McMonagle (M50)	18:24	Ross McEachern (M50)	34:03				
Shettleston Harriers (D) (M50)	18:44	50	52:35	37	1:11:43	38	1:46:00	32				
	William Breckenridge (M50)	18:44	Brian Scally (M50)	33:51	Denis Williams (M55)	19:08	Walter Henderson (M50)	34:17				
Cambuslang Harriers (E) (M50)	20:03	69	55:55	56	1:15:13	51	1:50:00	43				
	Des Dickson (M55)	20:03	David Thom (M55)	35:52	Michael O'Hagan (M50)	19:18	Stan MacKenzie (M55)	34:47				
Edinburgh AC (G) (M50)	19:47	65	57:08	63	1:17:54	60	1:55:21	56				
	Martin Ferguson (M50)	19:47	Andrew Latham (M50)	37:21	Gavin Phillip (M50)	20:46	Daniel Rivera (M50)	37:27				
Metro Aberdeen RC (D) (M50)	22:01	79	59:15	68	1:20:52	66	1:55:55	59				
	Robert Taylor (M60)	22:01	George McPherson (M60)	37:14	Keith Farquhar (M55)	21:37	Richard Horne (M50)	35:03				
Lothian RC (D) (M50)	19:12	58	56:12	58	1:17:38	58	1:56:29	60				
	Maxwell Stewart Laing (M55)	19:12	Mick Kennish-Ward (M55)	37:00	Dougie Hunter (M50)	21:26	Scott Nelson (M50)	38:51				
Corstorphine AAC (G) (M50)	19:07	57	55:12	51	1:17:51	59	1:58:16	64				
	David Arnott (M50)	19:07	Graeme Fletcher (M55)	36:05	David Henderson (M55)	22:39	Jan-Bert Van Den Berg (M55)	40:25				
Falkirk Victoria Harriers (C) (M50)	21:18	76	59:29	69	1:20:56	67	1:59:38	65				
	Craig Johnston (M50)	21:18	Wallace Grieve (M55)	38:11	James McLaren (M55)	21:27	Douglaa Hill (M50)	38:42				
Gala Harriers (B) (M50)	19:57	68	58:52	65	1:20:07	65	1:59:45	66				
	Neil Christie (M50)	19:57	Bob Johnson (M60)	38:55	William McCulloch (M55)	21:15	Ian Maxwell (M55)	39:38				
Corstorphine AAC (H) (M50)	22:41	83	1:05:00	82	1:28:50	77	2:14:00	77				
	Steven Blair (M50)	22:41	Michael Connelly (M55)	42:19	Keith Copland (M50)	23:50	Graham McLean (M60)	45:10				
Lothian RC (E) (M50)	24:33	89	1:07:47	86	1:31:35	81	2:16:54	78				
	Martin Leadbetter (M60)	24:33	Alan Weir (M50)	43:14	Stig Walsh (M50)	23:48	Jim Alexander (M55)	45:19				
PH Racing Club (E) (M50)	19:32	62	55:28	52	1:15:11	50						
	Alan Cockburn (M50)	19:32	Iain Taylor (M50)	35:56	Martin McNellis (M55)	19:43						



Fastest Times**Short Leg**

Luke Traynor
Ewan Brown
Iain Davies
Stuart Gibson
Drew Pollock (MU20)
Peter Avent
Richard Mair
Gavin Smith (MU20)
Owen Miller
Jamie Burns (MU20)
Stephen Mackay
Michael Ferguson
Michael Houston
Andrew MacAngus (MU20)
Robert Sparks (MU20)
Lewis Raeburn (MU20)
Lewis Millar
Elisha De Mello
Allan Ramsay
William Bardsley
Adam Hay (MU20)
Iain Whitaker
Murray MacLarty
Craig Campbell
Dermot Cummins
Kieron Rafferty
Tom Graham-Marr (MU20)
Sam Fernando

Giffnock North AC (A)
Corstorphine AAC (A)
Central AC (A)
Cambuslang Harriers (A)
Cambuslang Harriers (A)
Shettleston Harriers (A)
Kilmarnock H&AC (A)
Cambuslang Harriers (A)
Fife AC (A)
Shettleston Harriers (B)
Inverness Harriers AAC (A)
Aberdeen AAC (A)
Inverclyde AC (A)
Strathclyde Univ Harriers (A)
Fife AC (A)
Shettleston Harriers (A)
Central AC (A)
Edinburgh Univ Hare and Hounds (A)
VP-Glasgow AC (A)
Shettleston Harriers (A)
Inverclyde AC (A)
Edinburgh AC (A)
Central AC (A)
Inverness Harriers AAC (A)
Corstorphine AAC (B)
VP-Glasgow AC (A)
Central AC (B)
Fife AC (A)

Long Leg

14.59 Calum McKenzie
15.35 Andrew Douglas
15.38 Sean Chalmers
15.41 Max Milarvie (MU20)
15.49 Cameron Strachan
15.50 Michael Deason
15.59 Ryan Thomson
16.00 Lewis Rodgers
16.04 Dougie Selman
16.06 John Bell
16.06 Tim Morgan
16.08 Michael Christoforou
16.09 Fraser Stewart
16.11 Jack Leitch
16.12 Neil Renault
16.12 Craig Ruddy
16.14 Kevan Harvey
16.17 Michael Wright
16.22 Dale Colley
16.22 Lachlan Oates
16.23 John Lenehan
16.25 Stuart Livingstone
16.25 Colin Reilly
16.27 James Dunn
16.29 Alistair Masson
16.29 Ryan Lafferty
16.30 Gregor Yates
16.32 Leon Johnson (M40)

Corstorphine AAC (A) 28.56
Inverclyde AC (A) 29.08
Inverness Harriers AAC (A) 29.11
VP-Glasgow AC (A) 29.15
Metro Aberdeen RC (A) 29.17
Shettleston Harriers (A) 29.29
Cambuslang Harriers (A) 29.30
Fife AC (A) 29.32
Corstorphine AAC (A) 29.43
Inverclyde AC (A) 29.44
Edinburgh Univ Hare and Hounds (A) 29.48
Edinburgh AC (A) 29.49
Cambuslang Harriers (A) 29.50
Edinburgh Univ Hare and Hounds (A) 29.56
Edinburgh AC (A) 30.01
Inverclyde AC (A) 30.04
Cambuslang Harriers (A) 30.05
Central AC (A) 30.08
Central AC (A) 30.17
Shettleston Harriers (A) 30.19
Edinburgh AC (A) 30.24
Corstorphine AAC (A) 30.29
Cambuslang Harriers (B) 30.32
Hunters Bog Trotters (A) 30.34
Edinburgh Univ Hare and Hounds (A) 30.35
Fife AC (A) 30.41
Bellahouston Harriers (A) 30.51
Edinburgh AC (D) (M40) 31.02